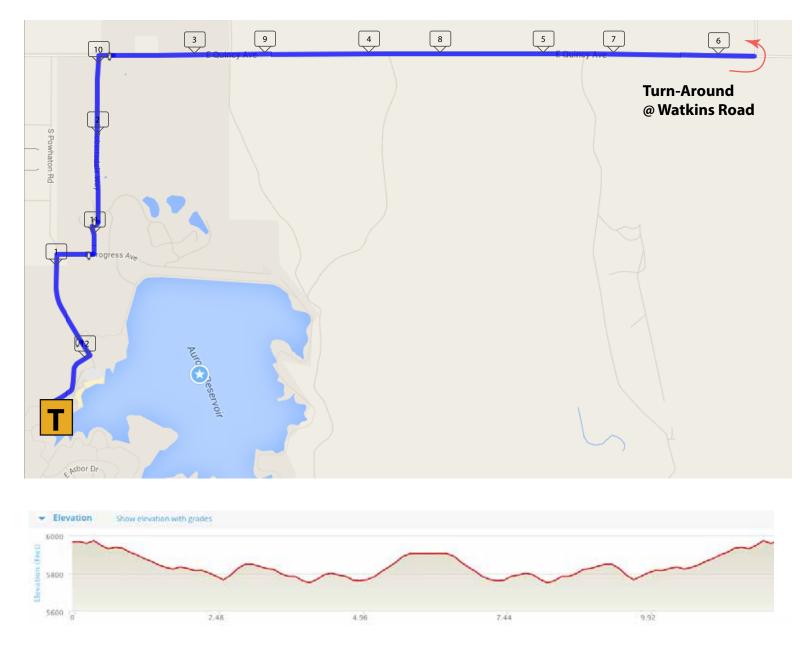
## My Way or the Tri Way Bike Course Map



A rolling out & back route that takes riders out of the park and east on Quincy (closed to traffic on race morning) to a turn-around point at Watkins Road. The high point is 5971 feet in elevation. The low point is 5750 feet in elevation. Course length is 20k (12.4 miles)